Allergen Infomation

Review Date: 2024

Please read our allergen disclaimer below:

This table highlights the food items we sell that contain allergens. Our ingredients and product specifications can change. Even if you have dined with us before, you must inform our staff of your allergen or intolerance needs before placing any orders. Information in this document identifies the 14 major allergens, which relate only to the menu's ingredients, and does not consider any customisation or requests made.

Please remember that our staff are trained to adhere to this document. Any changes the customer makes will be done so at their own risk.

Unfortunately we cannot guarantee an allergen-free kitchen environment because our internal food production processes and source ingredients may have been produced in environments that handle additional allergens. While we have strong procedures for separating our food during it's preparation & cooking, sometimes this may involve shared equipment - such as deep-fat fryers and food preparation/cooking areas.

✓ **Tick = Contains Allergen**

✓ **Tick = May Contain Allergen** (stated by supplier)

✓ **Tick = Deep Fried Item** **Food items share the same deep-fat fryers. Therefore elements of the 14 allergens are present. Please ask a member of staff for more information**

Starters	Deep Fried Item	Cereals containing Gluten, Eg, Wheat		Soya	Lupin	Celery	Milk	Egg	Sulphites	Mustard	Sesame	Peanuts	Nuts Eg, Walnuts, Cashew		Crustaceans	Fish	Molluscs
spiced lentil soup		✓	wheat	✓		✓	✓	✓									
bang bang cauliflower	✓	✓	wheat		✓				✓		✓						
bread and olives		✓	wheat	✓		✓			✓	✓	✓						
chicken croquettes	✓	✓	wheat			✓	✓	✓									
CHICKEN & PANCETTA PATE		✓	wheat	✓		✓	✓		✓	✓							
WHITEBAIT & AIOLI	✓	✓	wheat			✓										✓	
THAI FISH CAKES	✓	✓	wheat	✓			✓		✓	✓			✓	tree nuts	✓	✓	

Mains	Deep Fried Item	Cereals containing Gluten, Eg, Wheat		Soya	Lupin	Celery	Milk	Egg	Sulphites	Mustard	Sesame	Peanuts	Nuts Eg, Walnuts, Cashew		Crustaceans	Fish	Molluscs
SAUSAGE & MASH		✓	wheat			✓	✓		✓								
CHENNAI BRAISED LAMB	✓	✓		✓		✓			✓								
BIG BANK BURGER	✓	✓	wheat	✓		✓	✓	✓	✓	✓	✓		✓	tree nuts			
STEAK & STOUT PIE	✓					✓			✓								
CHICKEN & CHORIZO LINGUINE		✓	wheat	✓		✓	✓	✓	✓	✓							
PANCETTA & GOATS CHEESE SALAD		✓	wheat				✓		✓	✓							
CHICKEN & BACON PIE	✓					✓	✓	✓	✓								
CRISPY PORK & DAUPHINOISE						✓	✓		✓	✓							
CONFIT DUCK LEG						✓			✓								
BRAISED BRISKET				✓		✓	✓		✓								
RIBEYE STEAK	✓	✓	wheat			✓			✓	✓							
liver and bacon		✓				✓			✓	✓							

platters	Deep Fried Item	Cereals containing Gluten, Eg, Wheat	Soya	Lupin	Celery	Milk	Egg	Sulphites	Mustard	Sesame	Peanuts	Nuts Eg, Walnuts, Cashew	Crustaceans	Fish	Molluscs

box baked camemebert

Fish & Seafood	Deep Fried Item	Cereals containing Gluten, Eg, Wheat	Soya	Lupin	Celery	Milk	Egg	Sulphites	Mustard	Sesame	Peanuts	Nuts Eg, Walnuts, Cashew	Crustaceans	Fish	Molluscs
box baked camemebert	☐	☑ wheat	☐	☐	☑	☐	☐	☑	☑	☐	☐	☐	☐	☐	☐
kerala king prawn curry	☐	☐	☑	☐	☑	☑	☐	☑	☐	☐	☐	☐	☑	☑	☐
FISH & CHIPS	☑	☑	☐	☐	☐	☐	☐	☑	☐	☐	☐	☐	☐	☑	☐
seabream	☐	☐	☐	☐	☑	☐	☐	☐	☐	☐	☐	☐	☐	☑	☐
MOULES MARINIERE	☑	☑ wheat	☐	☐	☐	☑	☐	☑	☐	☐	☐	☐	☐	☐	☑

Plant-based & Vegetarian	Deep Fried Item	Cereals containing Gluten, Eg, Wheat	Soya	Lupin	Celery	Milk	Egg	Sulphites	Mustard	Sesame	Peanuts	Nuts Eg, Walnuts, Cashew	Crustaceans	Fish	Molluscs
AROMATIC GARDEN BURGER	☑	☑ wheat	☐	☐	☑	☐	☐	☑	☑	☐	☐	☐	☐	☐	☐
squash curry	☐	☑ wheat	☐	☐	☑	☑	☐	☑	☐	☐	☐	☐	☐	☐	☐
mushroom and sweet potato pie	☑	☐	☐	☐	☑	☑	☐	☑	☐	☐	☐	☐	☐	☐	☐

Desserts	Deep Fried Item	Cereals containing Gluten, Eg, Wheat	Soya	Lupin	Celery	Milk	Egg	Sulphites	Mustard	Sesame	Peanuts	Nuts Eg, Walnuts, Cashew	Crustaceans	Fish	Molluscs
spiced apple and pear crumble	☐	☐	☐	☐	☐	☐	☐	☑	☐	☐	☐	☐	☐	☐	☐
NEW YORK CHEESECAKE	☐	☐	☑	☐	☐	☑	☑	☐	☑	☐	☐	☐	☐	☐	☐
chocolate brownie	☐	☑ wheat	☐	☐	☐	☐	☐	☑	☐	☐	☐	☐	☐	☐	☐
WARM CHERRY BAKEWELL	☐	☑ wheat	☑	☐	☐	☑	☑	☐	☐	☐	☐	☑ almonds	☐	☐	☐
STICKY TOFFEE PUDDING	☐	☐	☐	☐	☐	☑	☐	☑	☐	☐	☐	☐	☐	☐	☐
cheese plate	☐	☑ wheat	☐	☑	☑	☑	☐	☑	☑	☑	☐	☐	☐	☐	☐
BAILEYS CREME BRULEE	☐	☑ wheat	☑	☐	☐	☑	☑	☑	☐	☐	☐	☐	☐	☐	☐

Baguettes	Deep Fried Item	Cereals containing Gluten, Eg, Wheat	Soya	Lupin	Celery	Milk	Egg	Sulphites	Mustard	Sesame	Peanuts	Nuts Eg, Walnuts, Cashew	Crustaceans	Fish	Molluscs
BATTERED FISH GOUJONS	☑	☑ wheat	☑	☐	☑	☐	☐	☑	☑	☐	☐	☐	☐	☑	☐
SAUSAGE & ONION	☑	☑ wheat	☑	☐	☑	☐	☐	☑	☑	☐	☐	☐	☐	☐	☐
TOMATO, MOZZARELLA & PESTO	☑	☑ wheat	☑	☐	☑	☐	☐	☑	☑	☐	☐	☑	☐	☐	☐
CHICKEN, CHIPOTLE & BACON	☑	☑ wheat	☑	☐	☑	☐	☑	☑	☑	☐	☐	☐	☐	☐	☐
MATURE CHEDDAR & CHUTNEY	☑	☑ wheat	☑	☐	☑	☑	☐	☑	☑	☐	☐	☐	☐	☐	☐
PULLED BEEF BRISKET & BLUE CHEESE	☑	☑ wheat	☑	☐	☑	☑	☐	☑	☑	☐	☐	☐	☐	☐	☐

Sides	Deep Fried Item	Cereals containing Gluten, Eg, Wheat	Soya	Lupin	Celery	Milk	Egg	Sulphites	Mustard	Sesame	Peanuts	Nuts Eg, Walnuts, Cashew	Crustaceans	Fish	Molluscs
RUSTIC CHIPS	☑	☐	☐	☐	☐	☐	☐	☐	☐	☐	☐	☐	☐	☐	☐
SEASONAL VEGETABLES	☐	☐	☐	☑	☐	☐	☐	☐	☐	☐	☐	☐	☐	☐	☐
BEER BATTERED ONION RINGS	☑	☑ wheat	☐	☐	☐	☐	☐	☑	☐	☐	☐	☐	☐	☐	☐
HOUSE SALAD	☐	☐	☐	☐	☐	☐	☐	☑	☑	☐	☐	☐	☐	☐	☐
MARINATED OLIVES	☐	☐	☐	☐	☐	☐	☐	☑	☑	☐	☐	☐	☐	☐	☐

	Deep Fried Item	Cereals containing Gluten, Eg, Wheat	Soya	Lupin	Celery	Milk	Egg	Sulphites	Mustard	Sesame	Peanuts	Nuts Eg, Walnuts, Cashew	Crustaceans	Fish	Molluscs
PEPPER SAUCE						✓		✓							
OVEN BAKED GARLIC BREAD		✓				✓									
BLUE CHEESE SAUCE						✓		✓							
Sunday Roasts															
BRITISH BEEF	✓	✓ wheat			✓	✓	✓	✓							
PORK BELLY	✓	✓ wheat			✓	✓	✓	✓							
GARLIC & THYME CHICKEN	✓	✓ wheat			✓	✓	✓	✓							
SLOW ROASTED LAMB	✓	✓ wheat			✓	✓	✓	✓							
VEGAN WELLINGTON	✓	✓ wheat			✓			✓	✓			✓			
Sunday Sides															
CAULIFLOWER CHEESE		✓ wheat				✓		✓	✓						
ROAST POTATOES															
YORKSHIRE PUDDINGS & GRAVY		✓ wheat			✓	✓	✓								
SAUSAGE MEAT STUFFING	✓	✓ wheat			✓			✓	✓						