

THE HORSE AND GROOM

Allergen Matrix

Our Allergen Menu Provides Product Information Regarding Allergens In Each Dish, Our Kitchen Teams Are Trained To Adhere To

This Allergen Information. Due To The Nature Of Our Food Production Environment, We Cannot Guarantee With 100% Certainty

That Traces Of The Major 14 Allergens May Not Be Present In Your Dish.

However, We Try To Ensure Levels Are Adequately Controlled To The Best Of Our Ability.

*Some Items Are Cooked In The Same Deep Fat Fryer And May Contain Traces Of All Allergens; This Is Indicated With (DEEP

FRIED
ITEMS)

STARTERS

LEEK, PEA & SPINACH TART

Contains: gluten (wheat), milk, eggs, sulphates

SEASONAL VEGETABLE SOUP (GFO)

Contains: gluten (wheat), sulphates

MINI BAKED CAMEMBERT (GFO)

Contains: milk, gluten (wheat), sulphates, mustard, soya, lupin

FRENCH ONION SOUP

(may contain: wheat, soya, mustard)

Contains: celery, sulphates, milk

DUCK & ORANGE PATE (GFO)

Contains: gluten, sulphates, mustard, milk

WHITEBAIT

(DEEP FRIED ITEMS)

Contains: gluten (wheat), fish, mustard, nut traces

MAINS

GRILLED PORK TOMAHAWK

Contains: celery, sulphates, milk

BRAISED VENISON SAUSAGES

(may contain: milk, soya)

Contains: gluten (wheat), celery, mustard, sulphates

BOEUF BOURGUIGNON (DFO)

(may contain: gluten (wheat), mustard, soya)

Contains: celery, sulphates, milk

8OZ BAVETTE STEAK

(DEEP FRIED ITEMS)

(may contain: milk, soya)

Contains: gluten (wheat), sulphates

THE BIG BANK BURGER (DFO/GFO)

(DEEP FRIED ITEMS)

Contains: gluten (wheat), eggs, lupin, milk, nut traces, mustard, sulphates

CHICKEN & CHORIZO LINGUINE

(may contain: egg, mustard)

Contains: gluten (wheat), milk, sulphates

PIE OF THE DAY (GFO)

(DEEP FRIED ITEMS)

Please ask your server for allergen details

PLANT-BASED & VEGETARIAN

SQUASH, PEPPER & SPINACH CURRY

Contains: celery, sulphates, gluten (wheat)

MOZZARELLA & APRICOT SALAD

Contains: milk, nuts, sulphates

BELUGA LENTIL COTTAGE PIE

Contains: celery, sulphates

PLANT-BASED BURGER BURGER

(DEEP FRIED ITEMS)

Contains: gluten (wheat, oats, rye), mustard, nut traces, soya, sulphates

FISH & SEAFOOD

MOROCCAN FISH STEW

Contains: gluten (wheat), celery, sulphates, fish, crustaceans, milk, eggs

SALMON & DILL FISHCAKE SALAD

Contains: gluten (wheat), sulphates, milk, fish

ALE BATTERED FISH & CHIPS (GFO)

(DEEP FRIED ITEMS)

Contains: gluten (wheat), lupin, sulphur dioxide, fish

MOULES MARINIÈRE (GFO) (DFO)

(DEEP FRIED ITEMS)

Contains: gluten (wheat, rye, barley), lupin, milk, mollusc, sulphur dioxide, celery

BAGUETTES

BATTERED FISH GOUJON

Contains: gluten (wheat), fish, mustard, lupin

MEATBALL ARRABIATA

Contains: celery, gluten (wheat), mustard, soya, sulphates

CHICKEN, CHIPOTLE & BACON

Contains: celery, gluten (wheat), eggs, milk, mustard, nut traces, sulphates

MATURE CHEDDAR & CHUTNEY

Contains: gluten (wheat), dairy, sulphates

DESSERTS

CINNAMON & APPLE CRUMBLE

Contains: gluten (wheat), milk

TARTE AU CITRON

Contains: gluten(wheat), milk, eggs

COOKIE DOUGH BROWNIE

(may contain: milk)

Contains: gluten (wheat), soya

STICKY TOFFEE PUDDING

(may contain: tree nuts)

Contains: milk, sulphates, soya

DESSERT OF THE DAY

Please ask your server for allergen details

SIDES

RUSTIC CHIPS

(DEEP FRIED ITEMS)

Contains: N/A

SEASONAL VEGETABLES

Contains: N/A

ONION RINGS

(DEEP FRIED ITEMS)

Contains: gluten

HOUSE SALAD (GFO)

Contains: celery, mustard, sulphur dioxide

MARINATED OLIVES

Contains: sulphates

PEPPERCORN SAUCE

Contains: milk, sulphates

BLUE CHEESE SAUCE

Contains: milk, sulphur dioxide

KIDS MENU

FISH GOUJONS

(DEEP FRIED ITEMS)

Contains: celery, gluten (wheat), crustaceans, eggs, fish, milk, mollusc, mustard, nut traces, peanuts,

sesame, soya, sulphur dioxide

CHEESEBURGER (GFO) (DFO)

(DEEP FRIED ITEMS)

Contains: gluten(wheat), eggs, lupin, milk, nut traces, mustard, sesame, sulphur dioxide

PLANT-BASED BURGER

(DEEP FRIED ITEMS)

Contains: gluten (wheat, rye, oats, barley), lupin, sesame, soya, nuts, peanuts, sulphur dioxide

BOEUF BOURGUIGNON

Contains: celery, milk, soya, sulphur dioxide

CHEESE PASTA

(may contain: eggs, mustard)

Contains: milk, gluten

SUNDAY ROAST

ROAST BRITISH BEEF

Contains: celery, gluten (wheat), eggs, milk, mustard, nut traces, sulphur dioxide

LAMB SHANK

Contains: celery, gluten (wheat), eggs, milk, mustard, nut traces, sulphur dioxide

GARLIC & THYME CHICKEN

Contains: celery, gluten (wheat), eggs, milk, mustard, nut traces, sulphur dioxide

SLOW ROASTED PORK

Contains: celery, gluten (wheat), eggs, milk, mustard, nut traces, sulphur dioxide

APRICOT & LENTIL NUT ROAST

Contains: celery, gluten (wheat), eggs, milk, mustard, nut traces, sulphur dioxide