

ALLERGEN MENU

THE HORSE AND GROOM

O Sensible 2017ur Allergen Menu Provides Product Information Regarding Allergens In Each Dish, Our Kitchen Teams Are Trained To Adhere To This Allergen Information. Due To The Nature Of Our Food Production Environment, We Cannot Guarantee With 100% Certainty That Traces Of The Major 14 Allergens May Not Be Present In Your Dish.

However, We Try To Ensure Levels Are Adequately Controlled To The Best Of Our Ability.

*Some Items Are Cooked In The Same Deep Fat Fryer And May Contain Traces Of All Allergens; This Is Indicated With
(DEEP FRIED ITEMS)

STARTERS

DUCK & ORANGE PATE (GFO)

CONTAINS: gluten/ sulphates/ mustard/ milk

CURRIED LENTIL & PARSNIP SOUP (GFO)

CONTAINS: celery/ gluten (wheat)/ lupin/ soya/ mustard/ sulphates

WHITEBAIT

(DEEP FRIED ITEMS)

CONTAINS: gluten (wheat)/ fish/ mustard/ nut traces

HUMMUS & MARINATED OLIVES

CONTAINS: gluten

MINI BAKED CAMEMBERT (GFO)

CONTAINS: gluten/ milk/ mustard/ sulphates/ soya

FISH & SEAFOOD

ALE BATTERED FISH & CHIPS (GFO)

(DEEP FRIED ITEMS)

CONTAINS: gluten (wheat)/ lupin/ sulphur dioxide/ fish.

MOULES MARINIERE (GFO) (DFO)

(DEEP FRIED ITEMS)

CONTAINS: gluten (wheat, rye, barley)/ lupin/ milk/ mollusc/ sulphur dioxide/ celery

PISTACHIO CRUSTED HAKE

CONTAINS: milk/ fish/ sulphates/ nuts/(gluten)

MAINS

HERITAGE TOMATO ARRABIATA

CONTAINS: celery/ gluten/ sulphates/ milk/ may contain eggs.

HARISSA & COCONUT TAGINE (GFO)

CONTAINS: celery/ gluten(durum)/ nut traces/ sesame/ soya

PLANT-BASED BURGER BURGER

(DEEP FRIED ITEMS)

CONTAINS: gluten (wheat, oats, rye)/ mustard/(nut traces)/ soya/ sulphur dioxide

CHICKEN & BACON SALAD

CONTAINS: mustard/ sulphur dioxide/ nuts/ gluten/ soya

BOEUF BOURGUIGNON (DFO)

CONTAINS: celery/ milk/ soya/ sulphur dioxide

THE HORSE & GROOM BURGER (DFO/GFO)

(DEEP FRIED ITEMS)

CONTAINS: gluten(wheat)/ eggs/ lupin/ milk/ nut traces/ mustard/ sulphur dioxide

CHICKEN & CHORIZO RIGATONI

CONTAINS: celery/ gluten (wheat)/ eggs/ milk/ soya/ sulphur dioxide

PIE OF THE DAY (GFO)

(DEEP FRIED ITEMS)

CONTAINS: celery,sulphates,egg

PORK BELLY & PUY LENTILS

CONTAINS: milk/ mustard/ sulphates

SAUSAGE & MASH

CONTAINS: gluten/sulphites/dairy/celery/

8OZ RIBEYE STEAK (GFO)

(DEEP FRIED ITEMS)

CONTAINS: gluten (wheat)/ may contain lupin/ soya/ sulphur dioxide

PEPPERCORN SAUCE

CONTAINS: milk/ sulphates

BLUE CHEESE SAUCE

CONTAINS: milk/ sulphur dioxide

BAGUETTES

FISH GOUJON & TARTARE

CONTAINS: gluten/fish/mustard/lupin/

MEATBALL ARRABIATA V

CONTAINS: celery/ gluten (wheat)/ mustard/ soya/ sulphur dioxide

TURKEY & HERB STUFFING

CONTAINS: gluten/mustard/celery



SAUSAGE & ONION

CONTAINS: gluten/mustard/celery

CHICKEN, CHIPOTLE & BACON

CONTAINS: celery/ gluten (wheat)/ eggs/ milk/ mustard/ nut traces/ sulphur dioxide

BRIE & CRANBERRY

CONTAINS: gluten/dairy

DESSERTS

CHEESE PLATE

CONTAINS: gluten (wheat, rye, barley)/ lupin/ milk/ nut traces/ peanuts/ sesame/ sulphur dioxide

BELGIAN CHOCOLATE TORTE

CONTAINS: gluten

STICKY TOFFEE PUDDING

CONTAINS: milk/ eggs/ nut traces/ gluten/ sulphur dioxide

GIN & LIME CHEESECAKE

CONTAINS: milk/ sulphur dioxide/ gluten/ eggs/ soya/ gelatin(jelly)

DOUBLE CHOCOLATE BROWNIE

CONTAINS: gluten/dairy/eggs/lupin/

KIDS MENU

FISH GOUJONS

(DEEP FRIED ITEMS)

CONTAINS: celery/ gluten (wheat)/ crustaceans/ eggs/ fish/ milk/ mollusc/ mustard/ nut traces/ peanuts/ sesame/ soya/ sulphur dioxide

CHEESEBURGER (GFO) (DFO)

(DEEP FRIED ITEMS)

CONTAINS: gluten(wheat)/ eggs/ lupin/ milk/ nut traces/ mustard/ sesame/ sulphur dioxide

PLANT-BASED BURGER

(DEEP FRIED ITEMS)

CONTAINS: gluten (wheat, rye, oats, barley)/ lupin/ sesame/ soya/ nuts/ peanuts/ sulphur dioxide

BOEUF BOURGUIGNON

CONTAINS: celery/ milk/ soya/ Sulphur dioxide

SAUSAGE & MASH

CONTAINS: gluten/sulphites/dairy/celery

CHEESE PASTA

CONTAINS: milk/ gluten/ may contain eggs

SIDES

RUSTIC CHIPS

(DEEP FRIED ITEMS)

CONTAINS: N/A

SWEET POTATO FRIES

(DEEP FRIED ITEMS)

CONTAINS: N/A

SEASONAL VEGETABLES (DFO)

CONTAINS: milk

BEER BATTERED ONION RINGS

(DEEP FRIED ITEMS)

CONTAINS: gluten (wheat)

HOUSE SALAD

CONTAINS: celery/ gluten traces/ mustard/ sulphur dioxide

GARLIC BREAD

CONTAINS: gluten (wheat)/ lupin/ milk/ nut traces/ sulphur dioxide

SUNDAY ROAST

ROAST BRITISH BEEF

CONTAINS: celery/ gluten (wheat)/ eggs/ milk/ mustard/ nut traces/ sulphur dioxide

LAMB SHANK

Contains: celery/ gluten (wheat)/ eggs/ milk/ mustard/ nut traces/ sulphur dioxide

GARLIC & THYME CHICKEN

CONTAINS: celery/ gluten (wheat)/ eggs/ milk/ mustard/ nut traces/ sulphur dioxide

SLOW ROASTED PORK

CONTAINS: celery/ gluten (wheat)/ eggs/ milk/ mustard/ nut traces/ sulphur dioxide

APRICOT & LENTIL NUT ROAST

CONTAINS: celery/ gluten (wheat)/ eggs/ milk/ mustard/ nut traces/ sulphur dioxide

