

ALLERGEN MENU

HORSE AND GROOM

Our Allergen Menu Provides Product Information Regarding Allergens In Each Dish, Our Kitchen Teams Are Trained To Adhere To This Allergen Information. Due To The Nature Of Our Food Production Environment, We Cannot Guarantee With 100% Certainty That Traces Of The Major 14 Allergens May Not Be Present In Your Dish.

However, We Try To Ensure Levels Are Adequately Controlled To The Best Of Our Ability.

*Some Items Are Cooked In The Same Deep Fat Fryer And May Contain Traces Of All Allergens; This Is Indicated With **(DEEP FRIED ITEMS)**

STARTERS

BRITISH ONION SOUP - (GFO(bread) - DFO(butter))

CONTAINS: celery/gluten(wheat)/lupin/milk/mustard/nut traces/soya/Sulphur dioxide

WHITEBAIT (DFO(sauce))

(DEEP FRIED ITEMS)

CONTAINS: celery/gluten (wheat, oats,rye,barley)/eggs/fish/milk/mustard/nut traces/peanuts/sesame

H&G GARLIC BREAD

CONTAINS: gluten(wheat)/lupin/milk/nut traces/sulp

DUCK & ORANGE PATE

CONTAINS: celery/gluten(wheat)/eggs/lupin/milk/mustard/nut traces/peanuts/sesame/soya/Sulphur dioxide

TOMATO & MOZZARELLA BRUSCHETTA (DFO / Nut FO (pesto))

CONTAINS: gluten(wheat)/lupin/nut (pine nut)/milk/sulphur dioxide

MEXICAN CHICKEN GOUJONS (DFO(sauce))

(DEEP FRIED ITEMS)

CONTAINS: celery/gluten (wheat)/milk/celery/mustard/soya/Sulphur dioxide

PLANT BASED & VEGETARIAN MAINS

WILD MUSHROOM LINGUINE

CONTAINS: celery/gluten(wheat)/eggs/milk/Sulphur dioxide

MOROCCAN TAJINE (GFO (cous cous))

CONTAINS: celery/gluten(durum))/nut traces/sesame/soya/

MEATLESS BURGER (Vegan O (mayo,bread,cheese))

(DEEP FRIED ITEMS)

CONTAINS: gluten (wheat, oats,rye,barley)/lupin/milk/mustard/egg/sesame/soya/nuts/peanuts/Sulphur dioxide

MAINS

BOUILLABAISSSE & ROUILLE (GFO (bread))

CONTAINS: celery/gluten (wheat)/crustaceans/fish/lupin/milk/mollusc/soya/Sulphur dioxide

SMOKED HADDOCK & CELERIAC GRATIN

CONTAINS: gluten(wheat, barley ,rye)fish/ traces of sesame /lupin/milk

ALE BATTERED FISH & CHIPS (GFO (fish))

(DEEP FRIED ITEMS)

CONTAINS: gluten (wheat)/lupin/milk/Sulphur dioxide

MOULES MARINIERE (GFO (bread) DFO(butter))

(DEEP FRIED ITEMS)

CONTAINS: gluten (wheat,rye,barley)lupin/milk/mollusc/sesame/Sulphur dioxide

GARDEN VEGETABLE & PINENUT SALAD

(DEEP FRIED ITEMS)

CONTAINS: mustard/Sulphur dioxide

CHICKEN & BACON SALAD (GFO (croutons))

CONTAINS: gluten (wheat)/eggs/milk/soya/mustard/Sulphur dioxide

BOEUF BOURGUIGNON

CONTAINS: celery/milk/soya/Sulphur dioxide

PORK DAUPHINOISE

CONTAINS: celery/gluten traces/milk/mustard/sulphur dioxide

HORSE AND GROOM BURGER (DFO (bread)(cheese))

(DEEP FRIED ITEMS)

CONTAINS: gluten(wheat)/eggs/lupin/milk/nut traces /mustard/sesame/sulphur dioxide

THE RAINBOW BURGER (DFO (bread)(cheese))

(DEEP FRIED ITEMS)

CONTAINS: gluten(wheat)/eggs/lupin/milk/nut traces /mustard /sulphur dioxide

CHICKEN & CHORIZO LINGUINE

CONTAINS: celery/gluten(wheat)/eggs/milk/soya/sulphur dioxide

CHICKEN & BACON FRICASSEE

CONTAINS:celery/ milk/wheat/mustard/soya/ Sulphur dioxide

LAMB SHANK (DFO (mash))

CONTAINS: celery/milk/soya/wheat/mustard/sulphur dioxide

STEAK & ALE PIE (DFO (mash))

CONTAINS:celery, gluten (wheat, barley)lupin/soya/egg/milk/ nut traces/ Sulphur dioxide

CHICKEN & HAM PIE (DFO (mash))

CONTAINS: celery/gluten (wheat, barley)lupin/soya/egg/milk/Sulphur dioxide, nut traces

8OZ RIBEYE STEAK (DFO GFO(onion rings))

(DEEP FRIED ITEMS)

CONTAINS: gluten (wheat)/lupin(may contain)/soya/Sulphur dioxide

DESSERTS

TART AU CITRON

CONTAINS: gluten(wheat,rye,barley)/lupin/milk/nut traces/peanuts/sesame/sulphur dioxide

CARAMELISED APPLE TART

CONTAINS: gluten(wheat,rye,barley)/lupin/milk/nut traces/peanuts/sesame/sulphur dioxide

STICKY TOFFEE PUDDING

CONTAINS: gluten(wheat,rye,barley)/milk/eggs/nut traces/peanuts/ Sulphur dioxide

CRÈME BRULEE

CONTAINS: milk/egg

DOUBLE CHOCOLATE BROWNIE

CONTAINS: gluten (wheat, barley)/eggs/lupin/milk/nut traces/peanuts/sesame

BAGUETTES

FISH GOUJONS & TARTARE

(DEEP FRIED ITEMS)

CONTAINS: celery/gluten (wheat)/crustaceans/eggs/fish/milk/mollusc/mustard/nut traces/peanuts/sesame/soya/Sulphur dioxide

MUSHROOM & BLUE CHEESE

CONTAINS: celery/gluten (wheat)/eggs/milk/mustard/nut traces/Sulphur dioxide

CHICKEN, CHIPOTLE & BACON

(DEEP FRIED ITEMS)

CONTAINS: celery/gluten (wheat, oats,rye,barley)/eggs/milk/mustard/nut traces /Sulphur dioxide

CHEDDAR & HOUSE CHUTNEY

CONTAINS: celery/gluten (wheat)/eggs/milk/mustard/nut traces/Sulphur dioxide

SIDES

RUSTIC CHIPS

(DEEP FRIED ITEMS)

CONTAINS: gluten traces

DAUPHINOISE POTATOES

CONTAINS: milk

ONION RINGS

(DEEP FRIED ITEMS)

CONTAINS: gluten(wheat,oats,rye,barley)

SEASONAL VEGETABLES

CONTAINS:milk

HOUSE SALAD

CONTAINS: celery/gluten traces/mustard/sulphur dioxide

MARINATED OLIVES

CONTAINS: celery/gluten traces/mustard/sulphur dioxide

SUNDAY ROAST

ROAST BRITISH BEEF

CONTAINS: celery/gluten (wheat)/eggs/milk/mustard/nut traces/ Sulphur dioxide

CHICKEN SUPREME

CONTAINS: celery/gluten (wheat)/eggs/milk/mustard/nut traces/ Sulphur dioxide

VEGETERIAN NUTROAST

CONTAINS: celery/gluten (wheat)/eggs/milk/mustard/NUTS/sesame/soya/Sulphur dioxide

LAMB SHANK

CONTAINS: celery/gluten (wheat)/eggs/milk/mustard/nut traces/ Sulphur dioxide

SUNDAY SIDES

CAULIFLOWER CHEESE

CONTAINS: celery/gluten (wheat)/milk /nut traces /soya/Sulphur dioxide

HERB ROASTED POTATOES

CONTAINS: celery/gluten (wheat)milk /nut traces /soya/Sulphur dioxide

RUSTIC SEASONED CHIPS

(DEEP FRIED ITEMS)

CONTAINS: gluten traces

SEASONAL VEGETABLES

CONTAINS: milk